

Clark County Parks & Recreation



FACILITY CLOSURES:

Wednesday, January 1 - New Years Day
Monday, January 20 - Martin Luther King Jr. Day
Monday, February 17 - Presidents Day

BREAK WEEKS:

Tuesday, December 17 - Saturday, Jan. 4, 2020
Monday, February 17 - Saturday, Feb. 22, 2020
Monday, April 6 - Saturday, April 11, 2020

Parkdale Recreation Center

3200 Ferndale Street
Las Vegas, NV 89121
(702) 455-7517
www.ClarkCountyNV.gov

Hours of Operation:
Monday – Friday
8:00 a.m. – 6:00 p.m.

PRParkdaleCenter@
ClarkCountyNV.gov

Parkdale Senior Center

3200 Ferndale Street
Las Vegas, NV 89121
(702) 455-8502
www.ClarkCountyNV.gov

Hours of Operation:
Monday – Friday
8:00 a.m. – 3:00 p.m.

PRParkdaleCenter@
ClarkCountyNV.gov

January 1, 2020 - April 4, 2020

Clark County offers three forms of registration; mail-in, internet and walk-in. Please see registration dates below. Send mail-in registrations to: Parkdale Recreation Center

3200 Ferndale Street
Las Vegas, NV 89121

Mail-in registration does not guarantee a position in the program. Internet registration allows participants to secure a position in the programs with immediate availability.

<http://www.clarkcountynv.gov/parks>

SESSION 1: January 1, 2020 - February 15, 2020

Mail-in (post marked beginning):	N/A for this session only!
Internet (7:00 a.m.)	December 13, 2019
Walk-in (8:00 a.m.)	December 13, 2019

SESSION 2: February 24, 2020 - April 4, 2020

Mail-in (post marked beginning):	January 29, 2020
Internet (7:00 a.m.)	January 31, 2020
Walk-in (8:00 a.m.)	February 3, 2020

Activities may be cancelled or postponed if enrollment requirements are not met.

RECREATION CENTER PROGRAMMING

Fitness Center

Monday - Friday
8:00 a.m. - 6:00 p.m.

Age	Daily Fee	Monthly Fee	Annual Fee
Senior (55+)	\$1	\$5	\$35
Adult (18+)	\$4	\$16	\$115
Teen (13-17)	\$3	\$15	\$105

Youth under 13 years of age are not allowed in the fitness room. Teens 13-17 must be supervised by a responsible adult who also has a membership.



Open Gym

Open Gym requires a monthly membership of \$12 or drop-in fee of \$2 daily. Fees are waived for youth age 17 and under and for seniors 55+.



Activity	Age	Day	Time
Basketball	18+	Tuesday & Thursday	8:00 a.m. - 1:00 p.m.
Parent & Me Playtime	1-5 yrs	Wednesday	10:00 a.m. - 1:00 p.m.
Pickleball	18+	Friday	10:00 a.m. - 12:00 p.m.

*Times and days are subject to change without advanced notice, please call the center to verify.

RECREATION CENTER PROGRAMMING

Open Recreation

YOUTH OPEN RECREATION

Monday - Friday 2:30 p.m. - 5:30 p.m. 6 - 12 years FREE

Daily activities include: arts and crafts, games, sports, table tennis, video games, team challenges, movie days and free time. Special activities and events are occasionally offered.

TEEN OPEN BASKETBALL

Tuesday & Wednesday 3:30 p.m. - 5:30 p.m. 13 - 17 years FREE

Times and days are subject to change without advanced notice.

Teen Volunteers

LEADERS OF THE FUTURE (L.O.T.F)

Monday - Friday Various times 14 - 17 years FREE

Would you like to earn school credit this summer while having fun? Do you need job and leadership experience? LOTFs get job experience, attend workshops and have fun. Apply today! Applications available at the recreation center front desk, just ask.

Gang Intervention Team (G.I.T.)

BACK ON TRACK

Monday - Friday 2:00 p.m. - 6:00 p.m. 13 - 18 years FREE

A Gang Prevention Intervention program that utilizes mentoring and case management to help youth change their lives. The program encourages participants to change behaviors through access to academics, recreation, employment and social opportunities.

Early Childhood

INTRO TO TODDLER YOGA

* This class will return in February. Specific dates TBA

Wednesdays 9:30 a.m. - 10:30 a.m. Ages 2 - 4 FREE

Intro to Yoga through Early Literacy and Story Telling Hosted By Nevada Early Intervention Services (NEIS). Don't forget your water bottle and don't forget to wear comfortable clothing. Parent participation is required.

Community Activities

COMMUNITY BABY SHOWER

January 25 11:00 a.m. - 2:00 p.m. FREE

This is a community baby shower in efforts to support parents in need! This event is completely free we will have diapers, formula, clothes, gear, and more!

PARKDALE'S PANTRY

The 4th Thursday of the month 11:00 a.m. - 2:00 p.m. FREE

Stop by once a month to browse through Parkdale's Pantry! Various food items will be provided. While supplies last.

SENIOR CENTER PROGRAMMING (50+)

Arts & Crafts

BLUEBIRDS QUILT CIRCLE

2nd Monday of Each Month 9:30 a.m. - 1:00 p.m. FREE *Membership Card Required*
Quilting circle meets monthly to learn new tricks and tips. This activity is a fun way to sew and socialize with others sharing the same interest.

COLORING CLUB

Mondays 9:30 a.m. - 11:30 a.m. FREE *Membership Card Required*
Join others who love to color, bring your own color pencils or use ours. Color sheets are provided.

PAINTING CLUB

Thursdays 11:00 a.m. - 2:30 p.m. FREE *Membership Card Required*
Abstract, Impressionism, Realism, . . . no matter what style you prefer bring your own supplies and join our club. All skill levels are welcome. Participants share knowledge, tips, tricks, and ideas.

PARKDALE QUILTING GROUPS

Tuesdays 10:30 a.m. - 2:30 p.m. FREE *Membership Card Required*

Fridays 10:00 a.m. - 2:15 p.m. FREE *Membership Card Required*

Quilting group meets to sew and socialize. Participants are from all skill levels of sewing. Bring your own supplies, sewing machine, lunch, etc. Participants do a variety of other hand work as well.

WOOD CARVING

Thursdays 9:00 a.m. - 11:00 a.m. FREE *Membership Card Required*

Carvers meet weekly to share techniques, create individual projects and socialize. Each member brings his/her own supplies and equipment.

Exercise & Fitness

Please consult your physician prior to participating in any exercise program.

HOT SEAT

Monday & Wednesday 8:30 a.m. - 9:15 a.m. \$10.00 1ParkdaleSrFitness.Hotseat

Monday & Wednesday 8:30 a.m. - 9:15 a.m. \$10.00 2ParkdaleSrFitness.Hotseat

Move to good music and feel the fitness. This class includes standing and sitting chair exercises led by an instructor.

VIDEO EXERCISE

Monday & Wednesday 9:30 a.m. - 10:30 a.m. FREE 1ParkdaleSrFitness.VideoExercise

Monday & Wednesday 9:30 a.m. - 10:30 a.m. FREE 2ParkdaleSrFitness.VideoExercise

Join others as you follow along with a person on a video who will encourage participants to perform a variety of exercises and movements that will invigorate your body.

VIDEO SIT N' FIT

Tuesday 9:30 a.m. - 10:30 a.m. FREE 1ParkdaleSrFitness.SitNFit

Tuesday 9:30 a.m. - 10:30 a.m. FREE 2ParkdaleSrFitness.SitNFit

Participants perform a variety of low impact exercises both standing and seated. This class is uniquely designed for seniors and injured individuals looking to keep active. Join others and get fit!

SENIOR CENTER PROGRAMMING (50+)

Exercise & Fitness Continued

VIDEO STRETCH & RELAX

Fridays	9:00 a.m. - 9:45 a.m.	<u>FREE</u>	1ParkdaleSrFitness.VideoStretch&Relax
Fridays	9:00 a.m. - 9:45 a.m.	<u>FREE</u>	2ParkdaleSrFitness.VideoStretch&Relax

This class will focus on conscious breathing and light stretching to start your morning off on the right foot. Leave this class feeling refreshed, calm, and relaxed.

YOGA

Monday & Thursday	8:15 a.m. - 9:00 a.m.	\$32.00	1ParkdaleSrFitness.Yoga1
Monday & Thursday	8:15 a.m. - 9:00 a.m.	\$32.00	2ParkdaleSrFitness.Yoga1
Monday Only	8:15 a.m. - 9:00 a.m.	\$18.00	1ParkdaleSrFitness.Yoga2
Monday Only	8:15 a.m. - 9:00 a.m.	\$18.00	2ParkdaleSrFitness.Yoga2
Thursday Only	8:15 a.m. - 9:00 a.m.	\$18.00	1ParkdaleSrFitness.Yoga3
Thursday Only	8:15 a.m. - 9:00 a.m.	\$18.00	2ParkdaleSrFitness.Yoga3

Learn the benefits of deep stretching, balancing, and breathing exercises. Yoga is both invigorating and relaxing for participants of all skill levels. Strengthen yourself both physically and mentally.

Walking Club

WALKING CLUB

Friday, January 10 - February 14	8:30 a.m. - 10:30 a.m.	\$2.00	1ParkdaleSrFitness.Walk
Friday, February 28 - April 3	8:30 a.m. - 10:30 a.m.	\$2.00	2ParkdaleSrFitness.Walk

Join us at Parkdale for our walking club. Participants meet at Parkdale and travel in Clark County vehicles to local parks & recreation areas to participate in healthy, low-impact exercise. On bad weather days we will walk in an indoor location to be determined.

Open Games

CRIBBAGE	Monday & Thursday	10:30 a.m. - 3:00 p.m.	FREE
HAND & FOOT	Tuesday	10:30 a.m. - 3:00 p.m.	FREE
MANIPULATION	Friday	10:00 a.m. - 1:00 p.m.	FREE
PINOCHLE	Wednesday	10:00 a.m. - 1:00 p.m.	FREE

Wii Bowling

Wii BOWLING PRACTICE

Monday	11:30 a.m. - 1:00 p.m.	FREE	<i>Membership Card Required</i>
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Polish your Wii Bowling skills during this time so you can improve your score for league play. This is the perfect time to learn how to play the game. On Mondays relax and just enjoy the game!

Wii BOWLING LEAGUE

Thursday	9:30 a.m. - 11:00 a.m.	FREE
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This is serious Wii Bowling as you compete with other teams and have fun doing so. Enrollment is limited due to equipment limitations. Substitutes are sometimes needed so feel free to stop in, you can socialize and encourage the players.

SENIOR CENTER PROGRAMMING (50+)

Monday Funday

January 6	10:30 a.m. - 11:30 a.m.	\$4.00	1ParkdaleSrWorkshops.MondayFunday1
January 13	10:30 a.m. - 11:30 a.m.	\$4.00	1ParkdaleSrWorkshops.MondayFunday2
February 3	10:30 a.m. - 11:30 a.m.	\$4.00	1ParkdaleSrWorkshops.MondayFunday3
February 10	10:30 a.m. - 11:30 a.m.	\$4.00	2ParkdaleSrWorkshops.MondayFunday1
March 9	10:30 a.m. - 11:30 a.m.	\$4.00	2ParkdaleSrWorkshops.MondayFunday2
March 23	10:00 a.m. - 11:30 a.m.	\$4.00	2ParkdaleSrWorkshops.MondayFunday3

Join us for a light breakfast and a fun activity or craft. All supplies are provided.

Movie Matinee

SENIOR MATINEE MOVIE

2nd and 4th Friday 1:00 p.m. - 3:00 p.m. FREE

Spend an afternoon with us viewing a movie and being treated to free popcorn. Movie selection announced monthly or call the Senior Center at 702-455-8502.

Crafts with Lori

COFFEE PAINTING

Tuesdays 11:00 a.m. - 12:00 p.m. \$24.00 1ParkdaleSrWorkshops.Coffee

Get inspired with a warm cup of coffee and enjoy this unique painting experience.

FAIRY GARDENS

Tuesdays 11:00 a.m. - 12:00 p.m. \$24.00 2ParkdaleSrWorkshops.FairyGarden

Learn how to craft your own miniature Fairy Garden with pathways, homes, outdoor living spaces, fairy friends and more!

PASTRIES with Patricia

PASTRY BAKING

Wednesdays 10:45 a.m. - 12:00 p.m. \$24.00 1ParkdaleSrWorkshops.Pastries

2ParkdaleSrWorkshops.Pastries

This class will be instructed by our very own professional baker, Patricia. During this hands on class participants will learn a variety of baking and decorating techniques. Each class will feature a new skill. Come enjoy the SWEETOPIA!

SENIOR CENTER PROGRAMMING (50+)

Field Trips

Field trips fill up fast as we travel in two county vans. Please consider having your name placed on the wait list because we sometimes have participants drop out or we are able to get another van. **\$2.00 Registration Fee is not refundable, plan accordingly.**

*** FIELD TRIPS WILL NO LONGER BE LIMITED TO WEDNESDAYS DUE TO VAN AVAILABILITY. OUR TRIPS WILL BE SCHEDULED ON VARIOUS DAYS OF THE WEEK.**

BARXPARK

Monday, January 27

11:00 a.m. - 2:00 p.m.

1ParkdaleSrFieldTrips.BarxPark

\$2.00 Registration Fee

Valley of Fire Hike & BBQ

Thursday, February 20

8:45 a.m. - 3:30 p.m.

1ParkdaleSrFieldTrips.BBQ

\$7.00 Registration Fee

*Price includes cost of lunch.

UNLV Rebels Bball Game v Boise St & Dinner

Wednesday, February 26

5:00 p.m. - 10:30 p.m.

2ParkdaleSrFieldTrips.UNLV

\$2.00 Registration Fee

Additional \$10.00 cash for ticket due at time of registration. Responsible for own dinner expenses. This trip is limited to only 10 participants

THE FARM

Thursday, March 19

9:30 a.m. - 2:30 p.m.

2ParkdaleSrFieldTrips.TheFarm

\$2.00 Registration Fee

Additional \$5.00 entry fee payable in cash day of trip.

QUILT LAS VEGAS

Friday, April 10

9:30 a.m. - 2:30 p.m.

2ParkdaleSrFieldTrips.QuiltLV

\$2.00 Registration Fee

Additional \$9.00 entry fee payable in cash day of trip.

COUNTY FAIR

TBD Per Van Availability

\$2.00 Registration Fee

Date Time and costs will be announced ASAP.

SENIOR CENTER PROGRAMMING (50+)

Field Trips: Culinary Cruisers

PLEASE NOTE: Expenses for meals are on your own.

LAZY DOG

Wednesday, January 29

12:00 p.m. - 2:30 p.m.

1ParkdaleSrFieldTrips.CCLazyDog

\$2.00 Registration Fee

ROSS J's ALOHA KITCHEN

Friday, February 14

10:30 a.m. - 1:00 p.m.

1ParkdaleSrFieldTrips.CCRossJ

\$2.00 Registration Fee

TRUFFLES N BACON CAFÉ

Friday, March 13

11:00 a.m. - 2:00 p.m.

2ParkdaleSrFieldTrips.Truffle

\$2.00 Registration Fee

THE STOVE

Friday, April 3

11:00 a.m. - 2:00 p.m.

2ParkdaleSrFieldTrips.TheStove

\$2.00 Registration Fee

Parkdale Update Meetings

QUARTERLY PEOPLE MEET

Monday, March 30

10:30 a.m. - 11:30 a.m.

FREE

Stay informed of center activities where up-to-date information will be provided to you as changes in programming occurs occasionally. You can also express your thoughts and ideas to staff.

Workshops

GRIEF SUPPORT GROUP WITH JAMES MORGAN

Join us for a non clinical approach to grief care. Participants can expect coping strategies, information and peer support. We will host this group on the 1st and 3rd Mondays of each month.

Other wonderful workshops are always being added. Be sure to check at the desk and sign-up for what interests you!

PARKDALE PROGRAMMING

Facility Reservations

Parkdale is perfect for parties & meetings (for example; birthdays, showers, anniversaries, graduation parties, holiday parties, etc.). Parkdale offers rental spaces in both the Senior Center and Recreation Center for your next special occasion.

Contact us at (702) 455 - 7517 for availability and rates.



REFUND POLICY

CANCELLATIONS & REFUNDS

Refunds will be issued only after an effort is made to accommodate a user by transfer to similar program or facility. Refunds will be available on the criteria within this policy, specifically listed below.

Classes & Programs: If a class or program is cancelled by the department a full refund will be made. Class registration may be cancelled by an individual:
100% refund if cancellation is made prior to the close of the first day of class.
No refund may be made after the first day of class.

Day Camp: Registration cancelled by individual will be refunded 100% if notice is given by the Wednesday of the prior week.

Memberships & Passes: Monthly, quarterly or annual passes will be refunded on a prorated basis, based on time remaining on pass.

Special Events, Field Trips & Monday Fundays: Registration cancelled by an individual shall not be refunded for any ticketed events or activities which require Clark County to pre-purchase/pre-arrange costs (i.e. tickets, food, supplies and materials or vendor with a quantity based contract).

Please Note: Refunds may take six (6) to eight (8) weeks to process.



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ccparks@ClarkCountyNV.gov